GAMES -- GENDER, HAND AND FACE VARIATIONS

"Girl Power" Singing Call

From Christopher Schilitter, Cary, North Carolina

"Girl Power" is an easy, amusing variation for singing calls. The caller can direct the dancers to do this, or the dancers can choose "Girl Power" on their own during the short break between patter and singing call.

During a "Girl Power" singing call with standard corner progression, Girls retain their Home throughout the singing call. Boys will change their Home clockwise four times. Promenade will be 1/4 (4 steps) shorter, so the dancers will have more time for flourishes or to accommodate mobility issues.

This singing call variation is EASILY learned and is fun for the dancers. With the corner progression roles reversed, it just feels different. During promenade, the Boys like telling the Girls to take them Home! Or the Girls have fun reminding the Boys of their new Home.

"Girl Power" is so easily learned, that one dancer in a square can take advantage of the short break after patter to ask the square, "Hey. Do you all want to try something interesting? Let's Girl Power this singing call. It's easy. At the end of each sequence, the Girl takes the Boy to her Home. Remember, Girls, always promenade to your Home. Boys, remind the Girls to take you home!"

Gender Changes

Gender Competition:

Competent DBD dancers enjoy reshuffling two normal squares to increase their choreographic challenge and provide some friendly competition.

Rearrange two squares to create one containing all those who normally dance as "boys" and the other containing all those who normally dance as "girls".

Arky: Some or all dance half-sashayed from their usual dancing position.

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Venus de Milo Dancing

Venus de Milo refers to an ancient Greek sculpture from about 150 BC. The statue was rediscovered in 1820 on the island of Milos, Greece. Sadly, it is missing both arms.

The reference is used because the idea is to dance without using hands or arms at any time during the tip. If you happen to have a dancer who is unable to use one hand, this can give all the dancers an opportunity to share in the additional degree of difficulty.

Nose Dancing

Important Comment: Some find this very disorienting – keep it simple

Version 1 -- Nose Dancing for Two-Couples

- -- Begin with two facing couples.
- -- Everybody turn to face your partner and put your inside hand on your hip.
 (Boys left hand on his hip, Girls right hand on her hip.)
 (Note that dancers in a Normal Couple will be facing each other.)
- -- Consider the elbow bend of that arm to be your nose.
- -- Keep your other hand straight down. Dance without using your hands.

Examples:

- -- Face partner, Bow, Face opposite, Bow
- -- Forward and Back, Pass Thru, Partner Trade, Right and Left Thru, Home
- -- Swing Thru, Boys Run, Wheel and Deal (follow your nose), Home

Other Versions: There are several ways to do Nose Dancing.

- -- Sometimes everyone uses their right elbow.
- -- Those who find two couples easy, might consider dancing with a full square.

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